

Before



After



Thanks to the LightWalker® laser, we now have another tool in our dental toolbox that we can offer our patients to improve their health that reach far beyond restorative and rehabilitative dentistry.

*Dr. Harvey Shiffman
Boynton Beach, FL*

Why Twiss Dental is your best option for NightLase®

Our health care providers have taken the advanced training necessary to perform these intricate procedures. We can improve your breathing and work towards eliminating your snoring. Call now to see if we can help.

Twiss Dental

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Fotona
Ultra Performance Lasers™

NightLase®

Non-Surgical Airway Enhancement
& Anti-Snoring Treatment



All Day Oxygen Benefits You've Been Searching For

- Non-Invasive
- No Pain, No Scalpels, No Sutures
- Increases Sleep Quality
- Lessens Effects of Snoring
- Safe & Patient-Friendly Treatment
- High Success Rate
- Laser Light Therapy Tightens Tissue & Opens Airways

twissDENTAL

NIGHTLASE® is a NON-invasive, NO appliance, simple and effective way of reducing or eliminating snoring and enhancing your airway to improve airflow ALL day, not just at night. Better breathing ability offers lots of added health benefits.

What Causes Snoring?

Snoring occurs when air is not able to move freely through your nose and mouth during sleep. This is due to a narrowing of your airway, which causes the tissues to vibrate and make an audible sound. Many factors can contribute to snoring such as age, nasal and sinus problems, being overweight, alcohol consumption, smoking, medications, and sleep posture.

What is the impact of Snoring?

Snoring has a number of consequences that can impact the life of a snorer and their sleep partner. Sleep deprivation as a result of snoring has a negative impact on health and quality of life. Snorers can experience dry mouth, tiredness, morning headaches, irritability, and relationship difficulties. Studies have also shown a link between snoring and an increased risk of heart attack and stroke.

With NightLase 50% of patients report significant improvement after just the first visit; that number jumps to 80% reporting after the 2nd treatment.

How NightLase® Works

Laser energy is used to heat the tissues of the airway causing a tightening effect which helps to keep your airway open. NightLase® is performed with approximately three short treatments spaced over 2 months. Each treatment lasts 15 minutes and requires no anesthesia. The procedure is comfortable, and you can resume your daily routine immediately afterwards. Results are often seen after the first session.

Before Treatment



Immediately After 1st Round



What are the treatment options?

Most treatments for snoring attempt to keep the breathing passage open. Specially made dental appliances can be effective, but rely on daily compliance. Continuous Positive Airway Pressure (CPAP) systems are often used to help control snoring. However, these devices can be very uncomfortable. There are surgical options available for correcting snoring which usually involve removal of tissue from the uvula and pharynx, but these surgeries are invasive and can result in a lengthy and uncomfortable recovery period following surgery. **NightLase® offers a non-invasive approach with zero down time and immediate results that are simple to maintain.**

Snore Report: Incidence Before & After



After one single treatment of NightLase® the duration and frequency of snoring was reduced. Treatments usually consist of 3 short treatments spread over 2 months.